

B3 SCIENCES BFR COURSE

BECOME THE BFR EXPERT IN YOUR AREA!



6 HOUR BFR COURSE

August 21st at 11 am



TAUGHT BY:

Dr. Mike DeBord has 6 years of use, research and experience using and applying BFR and vast knowledge of the entire BFR industry. Dr. Mike is a consultant to many high school, collegiate, olympic and professional sports teams. Dr. Mike is one of the top experts in the world in BFR.



COURSE APPROVED BY ANMA



TRUSTED BY:

Kansas City Chiefs, Los Angeles Clippers, Atlanta United FC, the BOC, NASM, USA Olympic Weightlifting and more!

Gyms, Rehab and Therapy Centers, Naturopaths, Physical Therapists, Athletic Trainers & Chiropractors all across the USA!



AGENDA

Attendees will get advanced BFR Training for application and use of B3 Bands, including:

- BFR history and science
- Safety and contraindications
- Difference in BFR Bands
- How to explain BFR
- How to do a BFR demonstration
- How to use B3 Bands effectively
- Maximizing BFR results in exercise & rehab
- How to market yourself as a Certified BFR Coach



WHAT PEOPLE ARE SAYING

"Be prepared to get the full meal deal with this BFR Certification Course! The depth of the material is comparable to any graduate level education and yet presented in a way that anyone with an interest in health will be able to grasp the overriding principles of BFR"

- Dr. Greg Adams, PT, DC, Indiana



COURSE PRICE:\$250

Includes free entrance into conference (\$100 Value)